



# Govt. Dental College, Alappuzha

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[www.gdcalappuzha.org](http://www.gdcalappuzha.org)

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## Tobacco Cessation Cell

The concept of Tobacco Cessation Clinic/Cell was put forth by World Health Organisation and Ministry of Health of India to reduce the prevalence of tobacco related morbidity and mortality

Being a Professional Institution firmly believe that it is our duty to attain a healthy youth. In this regard, Department of Public Health Dentistry and Department of Oral Medicine and Radiology in Government Dental College, Alappuzha has started a Tobacco Cessation Cell in 2018 .

### Activities of Tobacco Cessation Cell Include:

- Individual Intervention including Behavioural Modification and Counselling
- Regular and Periodic Oral Cancer Screening
- Awareness Classes at Different Settings targeting the adolescents and youth
- Information, Education and Communication (IEC) Activities by distributing Pamphlets and Posters in the outpatient area
- Organising Tobacco Training Programs
- Adequate referral strategy for medical intervention in tobacco cessation
- Observance of "No Tobacco Day" every year

### Tobacco Cessation Counselling

